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2024 Spencer Stuart Healthcare Sector Snapshot



Boards of the 63 healthcare companies in the S&P 500 index generally align with the broad S&P 500 boards on a range of governance measures.

- » The average age of independent directors on healthcare boards is 63.8 years, slightly higher than the 63.4-year average for S&P 500 boards.
- » The youngest average age of a healthcare board is 56 years, the oldest is 70.7 years.
- » Healthcare boards average 10.4 directors, slightly lower than the 10.8 average of S&P 500 boards.
- » Independence of healthcare boards averages 87%, compared to 85% for S&P 500 boards.
- » The average board tenure of independent directors on healthcare boards is 7.6 years, slightly lower than the 7.8 average for S&P 500 boards.
- » The longest-tenured healthcare board averages 16.3 years.

New independent director backgrounds

The 63 healthcare sector companies added 55 new directors to the boardroom in the past year. Among the healthcare companies, 57% added at least one independent director, while 24% added more than one.

Appointees averaged 57.8 years of age, lower than the 58.2 average for all independent directors joining S&P 500 boards. First-time directors represented 36% of independent directors joining healthcare boards — higher than the 34% for the S&P 500. NextGen directors (50 years of age or younger) comprised 15% of the sector's incoming class, compared to 14% for the S&P 500.

Nearly two-thirds (64%) of the independent directors joining healthcare boards are actively employed — the highest of all sectors — compared to 52% of independent directors joining S&P 500 boards this year.

Compared to the S&P 500 incoming class of independent directors, healthcare boards recruited the highest percentage of academics and CFOs (active or retired) in 2024.

	2024 Healthcare	2024 S&P 500
CEOs	22%	30%
Active	15%	16%
Retired	7%	14%
Chairs/presidents/COOs	5%	3%
Active	4%	1%
Retired	2%	2%
Functional leaders	16%	16%
P&L leaders	7%	8%
Financial backgrounds	22%	29 %
Financial executives/CFOs/treasurers	18%	15%
Investment managers/investors	2%	7%
Bankers/investment bankers	0%	5%
Public accounting executives	2%	2%
Academics/nonprofit executives	9 %	2%
Consultants	2%	3%
Legal	4%	3%
Others	13%	6%
TOTAL		
Active	64%	52%
Retired	36%	48%

NEW INDEPENDENT DIRECTOR BACKGROUNDS

Board leadership

The chair and CEO roles are separated at 52% of healthcare boards — lower than the 60% of S&P 500 boards. Executive chairs are in place at 6% of healthcare boards — the lowest of all sectors — compared to 14% for the S&P 500. Independent chairs lead 41% of healthcare boards, compared to 39% of the S&P 500. Two-thirds (65%) name an independent lead director compared to 66% of the S&P 500.

Board organization and process

Healthcare boards have the lowest percentage of declassified boards of all sectors.

DIRECTOR ELECTIONS AND STOCK OWNERSHIP

	2024 Healthcare	2024 S&P 500
Annual elections of directors	87%	91%
Majority voting for directors	90 %	89%
Stock ownership requirements for directors	95 %	94%

Healthcare committees tend to be smaller than the S&P 500.

BOARD AND COMMITTEE SIZE AND MEETINGS

	2024 Healthcare	2024 S&P 500	
Board			
Size (avg #)	10.4	10.8	
Meetings (avg #)	7.9	7.7	
Board committees (avg #)	4.3	4.2	
Audit committee			
Size (avg #)	4.2	4.5	
Meetings (avg #)	8.3	8.1	
Compensation committee			
Size (avg #)	4.0	4.3	
Meetings (avg #)	5.7	5.7	
Nominating/governance committee			
Size (avg #)	4.2	4.4	
Meetings (avg #)	4.5	4.6	



The most common additional committees for the healthcare sector are: science/tech/ cyber (the highest percentage of all sectors); legal (the highest percentage of all sectors); finance; and executive.

PREVALENCE OF STANDING COMMITTEES

Committees	2024 Healthcare	2024 S&P 500		
Finance	25%	26%		
Executive	11%	25%		
Science/tech/cyber	40%	17%		
Environmental/health/safety	8%	13%		
Risk	6%	12%		
Social responsibility	5%	7%		
Legal	27%	5%		
Investment	2%	3%		
Strategy	5%	1%		
Innovation	0%	1%		

Turnover policies

Healthcare boards are consistent with the overall S&P 500 index when it comes to formal turnover policies such as age caps, term limits and policies requiring the submission of a director's resignation in the event of a material change in circumstances.

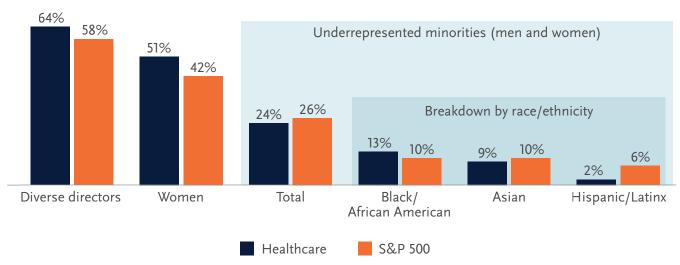
TURNOVER POLICIES

	2024 Healthcare	2024 S&P 500
Mandatory retirement policy		
% companies	65%	67%
Retirement age (avg yrs)	74.1	74.1
Tenure policy		
% companies	8%	9%
Tenure limit (avg yrs)	14.8	14.7
Material change resignation policy		
% companies	<i>89</i> %	<i>89</i> %

Diversity — healthcare incoming class

Directors from diverse communities — defined using the Nasdaq definition of directors who self-identify as female and/or an underrepresented minority (Black or African American, Hispanic or Latinx, Asian, Native American or Alaska Native, Native Hawaiian or Pacific Islander, or two or more races or ethnicities), and/ or LGBTQ+ — constituted 64% of the 55 independent directors joining healthcare boards over the past year, compared to 58% of independent directors joining S&P 500 boards.

The healthcare sector ties with the communications services and financial services sectors for the highest percentage of diverse appointments.



DIVERSITY OF INDEPENDENT DIRECTORS JOINING HEALTHCARE BOARDS

Diversity — healthcare boards

The diversity of healthcare boards matches the S&P 500, with 50% of all directors self-identifying as diverse.

DIVERSITY OF ALL HEALTHCARE BOARD DIRECTORS

			Underrepresented minorities (men and women)			Boards with		
	Diverse directors	Women	Black/ African American	Asian	Hispanic/ Latinx	Total	3 or more women	3 or more URM [*]
Healthcare	50%	36%	11%	8%	4%	23%	90 %	48%
S&P 500	50%	34%	12 %	6 %	4%	24%	9 1%	48%

* URM refers to underrepresented minorities

Diversity — board leadership

With the exception of women board chairs, the healthcare sector outpaces the S&P 500 on other dimensions of diversity of board leadership.

DIVERSITY - BOARD LEADERSHIP

2024 Healthcare	2024 S&P 500
15%	18%
8%	7%
24%	20%
22%	11%
	Healthcare 15% 8% 24%



Healthcare companies

- » Abbott Laboratories
- » AbbVie
- » Agilent Technologies
- » Align Technology
- » Amgen
- » Baxter International
- » Becton, Dickinson and Company
- » Biogen Idec
- » Bio-Rad Laboratories
- » Bio-Techne Corporation
- » Boston Scientific Corporation
- » Bristol-Myers Squibb Company
- » Cardinal Health
- » Catalent
- » Cencora
- » Centene Corporation
- » Charles River Laboratories International
- » CVS Health Corporation
- » Danaher Corporation
- » DaVita
- » DexCom
- » Edwards Lifesciences Corporation
- » Elevance Health
- » Eli Lilly & Company
- » GE HealthCare Technologies
- » Gilead Sciences
- » HCA Healthcare
- » Henry Schein
- » Hologic
- » Humana
- » IDEXX Laboratories
- » Illumina

- » Incyte Corporation
- » Insulet Corporation
- » Intuitive Surgical
- » IQVIA Holdings
- » Johnson & Johnson
- » Laboratory Corporation of America Holdings
- » McKesson Corporation
- » Medtronic
- » Merck & Co.
- » Mettler-Toledo International
- » Moderna
- » Molina Healthcare
- » Pfizer
- » Quest Diagnostics
- » Regeneron Pharmaceuticals
- » ResMed
- » Revvity
- » STERIS plc
- » Stryker Corporation
- » Teleflex
- » The Cigna Group
- » The Cooper Companies
- » Thermo Fisher Scientific
- » UnitedHealth Group
- » Universal Health Services
- » Vertex Pharmaceuticals
- » Viatris
- » Waters Corporation
- » West Pharmaceutical Services
- » Zimmer Biomet Holdings
- » Zoetis





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